



BELIZE TREC

San Pedro, Belize

Gear List

1) Passport (required : *must be valid & 6 months or more from expiration
* no visa needed for US citizens)

2) Beach Towel

3) Terrestrial Flashlight

4) Snorkel gear – mask, snorkel, fins

Masks should be tested for fit. A mask fits if it can be held in place by creating a vacuum between mask and face. Try it on to make sure it is a good fit. Perhaps even test it out in a pool.

Masks are available through most dive shops with prescription lenses- when you travel all this way doesn't it make sense to see everything? But an old spare pair of glasses with arms are broken off can sometimes be put into a mask.

6) Prescription medications

7) Sun Block

8) Insect Repellent

9) Sun Glasses

10) Hat

11) Rain coat

12) High energy snacks

13) Notebook & Pen

14) Recommended books

15) Over the counter medications- Dramamine, Advil, etc.

16) Toiletries

17) Camera

18) Clothes:

Walking shoes, shoes to wear in water, bathing suits, long pants, long sleeve shirt, jacket, shorts, T-shirts, something that will allow you to cover up in water -e.g. old long sleeved shirt and pants, body suit. This may become necessary in cases of sunburn or on some night snorkels.

19) Batteries - "AA" batteries for dive light. Please bring 4 AA batteries per person for night snorkel.

20) Binoculars

22) Sense of Humor